

## **MANIFESTO ON CAM SIGNED AT THE EUROPEAN OPEN FORUM CONFERENCE FOR STAKEHOLDERS, Bruxelles, 08.11.2005**

This morning we have been talking about subjects such as putting patients concerns higher on the agenda and protecting them from health threats.

If we realise that:

1. • there is a growing demand among the European citizens for Complementary and Alternative Medicine (CAM)
2. • clinical effectiveness of CAM is, in many cases, at least as high as the effectiveness of conventional medicine, as showed by several long-term studies involving many thousands of patients
3. • CAM is not only effective but also very safe, and that, therefore, CAM can help to reduce the enormous burden of mortality and morbidity caused by the adverse effects of conventional prescription drugs it is high time that the European Union includes CAM in its policy.

*This document was signed by:*

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Dr Walburg Masic-Oehler – Deutsche Ärztesgesellschaft für Akupunktur

Dr Madeleen Winkler – International Federation of Anthroposophical Medical Associations

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Dr Paolo Roberti – Comitato Permanente di Consenso e Coordinamento per le Medicine Non Convenzionali In Italia

Mr Colette Pradelle – European Federation of Patients Associations for Anthroposophical Medicine

Mrs Alexandra Hodgson – European Forum for Complementary and Alternative Medicine

Mr Rainhard Schübel – Association of Natural Medicine in Europe

Dr François Beyens – International Council for Medical Acupuncture and Related Techniques

Mr Stephen Gordon – European Council for Classical Homeopathy

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