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Co-founder James Nayler Foundation

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Curriculum vitae sintetico IT del Dott. Bob Johnson

Medico laureato a Cambridge e membro del Royal College of Psychiatryst in Gran Bretagna, si è specializzato in psichiatria al London Hospital (Londra) ed al Claybury Hospital (Essex). Senior psichyatrist all'Ospedale di Stato di New York (USA), ha operato anche al prestigioso Columbus Presbyterian Psychiatrist Institute, dove ha conseguito ulteriori diplomi in neurologia e in psicoterapia. E' stato psichiatra nella prigione di Parkhurst e primo dirigente di psichiatria nell'ospedale di massima sicurezza "Ashworth" (UK). Membro del Consiglio di Amministrazione dell'istituzione caritatevole e scientifica "James Nayler Foundation", è un esperto in gestione dei disturbi della personalità, nonché consulente sui temi della salute mentale per la BBC, il quotidiano "The Guardian" ed altri giornali e TV in Inghilterra ed all'estero.

Curriculum vitae esteso EN del Dott. Bob Johnson

Dr Bob Johnson is a fully qualified Consultant Psychiatrist as registered by the General Medical Council, UK. He trained at Cambridge University with a degree in psychology, at the London Hospital, and at the renowned Claybury Hospital, Essex, learning the art of the Therapeutic Community Approach. In 1964-65 he was a Senior Psychiatrist in Middletown State Hospital New York, USA, working in the Drug Addiction Unit and the acute wards and underwent further training at the prestigious Columbo-Presbyterian Psychiatrist Institute, New York City, being awarded the Diploma in Psychotherapy, Neurology and Psychiatry from there.

He has developed a high profile as an expert in the management and treatment of Personality Disorder. His work as a Consultant Psychiatrist in the Special Unit in Parkhurst Prison, Isle of Wight, UK, from 1991 to 1996, was widely reported by the press and formed the basis of a documentary investigation by the BBC's flagship programme Panorama, on 3 March 1997. He was chosen to be the first Head of Therapy at Ashworth Maximum Security Hospital in Liverpool, UK.

His latest project is organising Emotion Support Centres, where recoverers help others recover. He holds the controversial view that mental disorders are software based, not hardware, and all are 100% curable, provided the sufferer completes the course.

He is the author of "Emotional Health, what emotions are & how they cause social & mental diseases", 2002. ISBN 0-9551985-0-X, and "Unsafe at Any Dose: Exposing Psychiatrist Dogmas So Minds Can Heal', 2006, ISBN 0-9551985-1-8

Dr. Bob Johnson is a member of the Royal College of Psychiatrists in the UK. He can be contacted at: <u>DrBob@TruthTrustConsent.com</u> <u>www.DrBobJohnson.org</u>

Registration	GMC specialist register psychiatry	reg. num. 0400150
Qualifications	MRCPsych (Member of Royal College of Psychiatrists), 1973 MRCGP (Member of Royal College of General Practitioners).1974 Diploma in Psychotherapy Neurology & Psychiatry (Psychiatric Inst	

New York City),		1965
DPM (Diploma in Psychological Medicine)		1967
PhD(med computing), Manchester University		1980
MA(Psychol)	Cambridge University	1958
MB BChir	Cambridge University	1961

Clinical Experience Dr Bob Johnson has developed a high profile as an expert in the management and treatment of Personality Disorders through his work from 1991 to 1996 as consultant psychiatrist in the Special Unit in Parkhurst Prison for exceptionally dangerous and disturbed Personality Disordered prisoners, who were generally considered too violent for Broadmoor. While there he devised techniques to motivate and assist violent, severe Personality Disorders– reducing the level of violence there (including the number of alarm bells rung) by over 90%.

> He trained at Cambridge University, the London Hospital, and at Claybury Hospital, Essex, where he obtained a grounding in group work and therapeutic community techniques. In 1964/65 he was a Senior Psychiatrist in Middletown State Hospital, New York, working in the Drug Addiction Unit and the acute wards and underwent further training at the prestigious New York Psychiatric Institute, leading to the Diploma In Psychotherapy, Neurology & Psychiatry.

From August 1995–January 1997, he worked alongside Dr de Zulueta a leading expert in the field, in the Trauma Clinic, at Charing Cross Hospital, London. Working together, they developed innovative group and individual psychotherapies for borderline and other severe Personality Disorders.

In 1997, he was consultant psychiatrist to the Retreat, a private Quaker Psychiatric Hospital, York, England, treating anorexics and other life-threatening Personality Disorders.

In 1998 he was invited to become Head of Therapy in the Personality Disorder Unit at Ashworth Special Hospital, Maghull, Liverpool. The post of Head of Therapy there was especially created for him, to accommodate his experience and expertise.

He was one of 14 national experts invited to submit evidence, twice, and indeed to testify before the Fallon Inquiry into the Personality Disorder Unit at Ashworth Hospital, which reported in 1999 - a transcript of his evidence and testimony under cross examination by 4 barristers has been made available on the internet–<u>www.doh.gov.uk/fallon.htm</u>.

His work has been widely reported in the press, and formed the basis of a documentary investigation by the BBC's flagship programme Panorama (3rd March 1997). He has described his approach in a regular series of articles in the national newspaper, The Guardian, 1994-6, which raised a lot of interest among professionals in the field, as a consequence of which his lectures are in great demand.

In 1988, he took a sabbatical year funded by the Department of Health to study the effects of child abuse and the provision of child care in the United States. He presented a paper at the Royal College of Psychiatrists' Annual Conference, on The Psychiatry of violence, in 1994, which was very well received.

In 1999 he worked in a medium secure unit treating severe cases of anorexia and self-harm, devising techniques for both these challenging and potentially lethal diseases which led to their cure.

Legal & Court Work He has now provided medico-legal reports for a wide variety of cases, examining and preparing reports on diverse individuals who are appearing before the courts, or facing tribunals within the prison system. The majority of these cases have concerned individuals with mild to severe Personality Disorder. His psychiatric assessments provide a detailed view on their prognosis, their treatment and their causative factors.

He is especially interested in exploring the legal abuses of the Hare Psychopathy Check List (Revised) (PCL-R) which was never intended as a 'risk-assessment' tool-but currently is being abused as such. He is also interested in exploring a legal challenge to the current basis of psychiatric diagnostic formulations, especially in respect of the so-called research on which it is based, the lack of clinical utility in the usage and the damage these nihilistic labels inflict on sufferers.

A transparent exploration of the whole question of the gross damage inflicted by the panoply of psychiatric drugs is long overdue-none of the currently used psychoactive drugs are better than alcohol as sedatives, and many are a great deal worse. Children who receive these drugs may buy short term sedation at long term cost in terms of delayed emotional and physical development, such damage may be permanent. The numerological harm inflicted by psychoactive drugs is an ongoing medical disgrace.

Current Position He currently preparing training aids, video, text books for assisting with Personality Disordered individuals and others with severe mental disorders.

He is also acting as Consultant to the James Nayler Foundation, a charity recently set up to further research, education, training and treatment for all types of personality disorders, especially those involving violence.